

# High Tide Menu

## Appetizers

Caribbean Nachos <i>Topped with queso blanco, cheddar and jack cheeses, black beans, green onions, tomatoes, jalapenos, black olives, diced mango and cream cheese, served with a side of tomato salsa.</i>		Crispy Tempura Shrimp <i>Served with sweet chili and oriental dipping sauces</i>	16.95
	Mojo Chicken 13.95	Dolphin Fingers <i>Crispy tempura Dolphin served with a tartar dipping sauce</i>	14.95
	Crab 16.95	Spinach Artichoke Dip <i>House made spinach dip topped with a parmesan cheese crisp. Served with tri color tortilla chips</i>	10.95
Flash Fried Calamari <i>Served with mustard aioli and marinara</i>	12.95	Island Wings <i>Tossed in a mango habanero sauce served with house made ranch dressing</i>	12.95
Chicken Quesadilla <i>Mojo chicken, tomatoes, green onion, black beans cheddar and Jack cheeses served with a side of tropical fruit salsa and sour cream</i>	14.95	Grilled Flatbread <i>Blackened Shrimp, roasted garlic, spinach, roasted tomatoes and aged white cheddar. Finished with a drizzle of balsamic glaze</i>	14.95
Jumbo Stone Crab Claws (seasonal) <i>Served with avocado puree mustard aioli and drawn butter</i>	Mkt. Price	Conch Fritters <i>Caribbean classic served with mustard aioli</i>	14.95

## Mates Platter

2 Conch Fritters, 2 Tempura Scallops, 2 Coconut Shrimp and Calamari. Served with mustard aioli, marinara and pineapple curry dipping sauce  
24.95

## Sandwiches

Served with Cabbage Slaw, House Made Pickles and choice of French Fries or Plantain Chips

Grilled Angus Beef Burger <i>Served on a challah roll with LTO add bacon \$1.50, add cheese \$.75</i>	13.95	Ahi Tuna Sandwich <i>Served on a challah roll with wasabi mayonnaise and LTO</i>	16.95
Cuban Cigar <i>Ham, turkey, salami, banana peppers and onions with melted jack cheese and yellow mustard on grilled bread.</i>	13.95	Grilled Mojo Chicken Breast <i>With avocado &amp; jack cheese served on a challah roll with LTO</i>	13.95
Chicken Caesar Wrap <i>Crisp chicken tossed with romaine lettuce, tomatoes and Caesar dressing. Served in a garlic herb wrap</i>	13.95	Dolphin Sandwich <i>Skillet grilled or Blackened on a challah roll with LTO</i>	15.95
Dolphin Reuben <i>Seared dolphin, cabbage slaw, thousand island dressing, and swiss cheese on rye bread</i>	16.95	Grouper Sandwich <i>Corn flake crusted fillet of grouper breaded and Served on a challah roll with LTO</i>	16.95
		Veggie Burger <i>Garden burger served with choice of cheese on challah bun with LTO</i>	12.95

## House Features

Island Jerk Grouper <i>Jerk Grouper pan seared served with tropical fruit salsa</i>	26.95	Coconut Shrimp <i>Hand breaded shrimp served with a pineapple curry dipping sauce</i>	28.95
New York Strip <i>Hand cut 12oz grilled New York topped with house made onion rings</i>	34.95	Beer-Battered Shrimp	27.95
Carolina BBQ Ribs <i>Golden BBQ ribs served with cabbage slaw and sweet potato fries</i>	24.95	Fish & Chips	22.95
		Jumbo Florida Stone Crab Claws (seasonal) <i>Served with avocado puree, mustard aioli, and drawn butter</i>	Mkt. Price

## Salads

Seared Scallop Salad <i>Fresh greens, mandarin oranges, diced mango, roasted peppers, toasted almonds and poppy seeds tossed with a citrus vinaigrette</i>		25.95
Mozzarella & Tomato Salad <i>Red and Yellow vine ripe tomatoes, watercress, shaved red onions, roasted marinated tomatoes and kalamata olives. Finished with a balsamic glaze and extra virgin olive oil</i>		12.95
House Salad <i>Fresh greens topped with cherry tomatoes, shaved red onion, cucumber, shredded red cabbage and house made croutons, Tossed with choice of dressing.</i>		side 7.95/lg. 9.95
Caesar Salad <i>Crispy romaine lettuce tossed with our own Caesar dressing, shredded reggiano pparmesan, tomatoes, with house made croutons</i>		side 7.95/lg. 9.95

## Soups

New England Clam Chowder or Bahamian Conch Chowder  
Bowl 6.95

Items may be cooked to your specifications. Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of Foodborne Illness. Especially if you have certain medical conditions.